


World Suicide Prevention Day

  Sept 10th  



Suicide is a major problem and millions of Canadians have been affected by the harmful affects of suicidal behaviors. Canada's suicide rate is in the top third of all countries. It's important that as Canadians that we show our support and provide comfort to our family, friends, co-workers and neighbors who have been affected by suicide related death. It is also important that we demonstrate our support for a national suicide prevention strategy. 



By:

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