

Host Community: Pabineau First Nation
“TENTATIVE SCHEDULE OF ACTIVITIES”

NATIONAL ADDICTION AWARENESS WEEK
NOVEMBER 16TH – 22ND, 2008

Sunday, November 16 th , 2008		
<i>Time</i>	<i>Description</i>	<i>Resource Person or Presenter</i>
1:00pm – 2:00pm	Smudging Opening prayer Hand drum song Rolling thunder Drum-Pabineau Drum Group	Marie Kryszko Stephen Randy Dennis Three Feathers
2:00pm – 3:30pm	Promoting the benefits of living the good life. OPENING REMARKS	Opening remarks by Chief, David Peter-Paul (confirmed) Councillor, Barbara Calderone (confirmed) Councillor, Nicholas Prisk (confirmed) and Mayor Stephen Brunet (confirmed), MLA, Cheryl Lavoie (confirmed), NDP-MP for Acadie-Bathurst, Yvon Godin Alcohol & Drug Addiction Counsellor, Marie Kryszko (confirmed)
	Ribbon cutting to open NAAW week of Activities: Host Community “Pabineau”	
3:30pm -5:00pm	Explaining activities through-out the week: Explain contests: Addiction awareness Video, poster, and placemat, contests. Open to all ages (either by group or individual) Work on all week long at Head start. Deadline is Friday! Will be Presented on Saturday! All is welcome to activities - addiction free.	Marie Kryszko, Chris T, Janice H., and volunteers Invitations to all community and Bathurst local community, First Nations Community’s, and Aboriginal Treatment Centres; and Pabineau Head Start. Bathurst RMCP & Bathurst City Police, heart & stroke foundation, St.

	<p>Feast: BBQ & corn boil. Family Fun activities outdoors & indoors game stations: chess, checkers, walking backwards, road races, sprints, relay race, long jump, skipping, hoping side to side over the line, hool-a-hoop,</p> <p>Drumming, singing, and dancing Mi'kmaq style (everybody dance)</p>	<p>John Ambulance, Red Cross, Canadian Cancer Society, NB Lung Association, etc..</p> <p>Addiction Services Bathurst</p> <p>Make track (with start and finish lines). Set ground rules.</p> <p>Rolling Thunder Drum group - Stephen Randy, Joey C., Dancers: me, Barbara, Ramona, Savanna, Rose K, Rose S, Stella, Hilda, etc...</p>
5:00pm	Closing prayer	Elder, Stella Sewell-Kryszko

Monday, November 17th, 2008

<i>Time</i>	<i>Description</i>	<i>Resource Person or Presenter</i>
10:00am – 11:00am	Rising Sun Treatment Centre – Information session / presentation / activity	Joyce Paul, Kari Patles, Dalton Francis, Cindy, George Paul, & Betty Barnaby.
11:00am – 12:00pm	Earth Walk	Marie Kryszko, Dennis Three Feathers
12:00pm – 1:00pm	Lunch (provided)	
2:30pm – 4:30pm	Assisting work on competitions with participants, (while listening to Aboriginal Cultural Drumming)	Participants & Volunteers, Pabineau Head Start
7:30pm – 8:30pm	Gamblers Anonymous	Pabineau First Nation band hall Everyone welcome: all who have the desire to stop gambling! Nicholas Prisk & Marie Kryszko

Tuesday, November 18th, 2008

<i>Time</i>	<i>Description</i>	<i>Resource Person or Presenter</i>
11:00am – 12:00pm	Earth Walk	Marie Kryszko
2:30pm – 4:30pm	Assisting work on competitions with participants, (while listening to Aboriginal Cultural Drumming).	Participants & Volunteers, Pabineau Head Start
TBA (evening)	Scrap booking / make a card - bring pictures, etc...	Janice Hache

Wednesday, November 19th, 2008

<i>Time</i>	<i>Description</i>	<i>Resource Person or Presenter</i>
11:00am – 12:00pm	Mi'kmaq Language class	Gilbert Sewell
12:00pm – 1:00pm	Lunch (provided)	
1:30pm – 2:30pm	Earth Walk	Marie Kryszko
2:30pm – 4:30pm	Assisting work on competitions with participants, (while listening to Aboriginal Cultural Drumming)	Participants & Volunteers, Pabineau Head Start
7:30pm – 8:30pm	Alcohol Anonymous – AA's	Pabineau First Nation band hall Everyone welcome: all who have the desire to stop drinking! Nicholas Prisk & Marie Kryszko

Thursday, November 20th, 2008

<i>Time</i>	<i>Description</i>	<i>Resource Person or Presenter</i>
10:00am – 11:00pm	Anti-Tobacco Booth, Video: Pabineau Youth video from previous years, and Jeopardy game.	& Laura Mae Sewell, Health & Wellness Promotion Coordinator. Pat Roy, Community Health Nurse
11:00am – 12:00pm	Earth Walk	Marie Kryszko
12:00pm – 1:00pm	Lunch (provided)	
1:30pm – 3:00pm	Substance Abuse Prevention Presentation	RCMP or City Police
2:30pm – 4:30pm	Assisting work on competitions with participants, (while listening to Aboriginal Cultural Drumming)	Participants & Volunteers, Pabineau Head Start
6:00pm - ???	Craft night: Social night of crafts (gathering & sharing knowledge) Bead working, key chains, sewing, crocket, knitting, etc.. We will be bringing our favourite craft / hobby and we'll sit and share knowledge together.	Councillor, Barbara Calderone Marie Kryszko, Stella, Hilda, Doll, Pabineau First Nation band hall
	Dinner	Ordering in...

Friday, November 21st, 2008

<i>Time</i>	<i>Description</i>	<i>Resource Person or Presenter</i>
10:00am – 12:00pm	Prescription Drug Presentation	RMCP
12:00pm – 1:00pm	Lunch (provided)	
2:00pm – 3:00pm	Earth Walk	
3:00pm – 4:00pm	FINAL day: to complete competitions with participants, (while listening to Aboriginal Cultural Drumming)	Participants & Volunteers, Pabineau Head Start
6:00pm - ???	<p>Talking circle (cultural teaching) Re: NAAW. After the discussion we will go into the role playing activity.</p> <p>Role playing: “you’re not alone” Participants into groups. Give them ½ hour to prepare a little skit re: addictions.</p> <p>Living with the impacts of addictions, Dealing with addictions, Dealing with the impacts of addictions, Dealing with abusive environment, dysfunctional families, violence, trauma life experiences, etc...</p> <p>Making encouraging statements to GIVE & GAIN, inner strength.</p> <p>Then groups will present their skits!</p>	<p>Marie Kryszko</p> <p>Stephen Randy to video tape...</p>

Saturday, November 22nd, 2008

<i>Time</i>	<i>Description</i>	<i>Resource Person or Presenter</i>
1:00pm – 4:00pm	Honoring our Community Elders	Remarks by Chief & Council, Marie, Mayor, MLA, MP, family members Invitation to all above: RCMP, City Police, etc... Present each Elder with something special.
4:00pm – 5:00pm	Presentation of Addiction awareness Video, poster, placemat contests... (display all works, announcing the winners)	Marie Kryszko & Volunteers
5:30pm – 6:30pm	Feast: banquet (provided) Volunteer cooks needed... Invited guest....	Cooks involved will be reimbursed for cooking, traditional foods. Turkey, Salmon, & Moose, Potatoes (mashes & boiled) carrots, vegetables Whole Cranberry Sauce. Try to get home made Beets & chowchow Dessert, Apple Pie & Ice Cream Tea, coffee, juice, water etc...
	Closing remarks & prayer.	Elder
7:00pm – 10:00pm	Sober gathering fun night.... Karaoke	Robert Ward (confirmed)